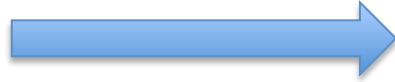


SMART GOALS



SPECIFIC



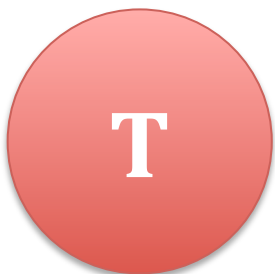
MANAGEABLE



ACHIEVABLE



REALISTIC



TIME-BOUND